## You are now REGISTERED for the OCTOBER 11-13, 2019 BREAKAWAY RETREAT!

CHECK-IN at St. Albert Parish Center at 5:00 pm on FRIDAY, OCTOBER 11

(Pizza will be served prior to departing for Lake Beauty Bible Camp in Long Prairie, MN)

RETURN/PICK-UP at St. Albert Parish Center at 4:00 pm on SUNDAY, OCTOBER 13

## Reminder of what to bring:

- Sleeping Bag (or sheets & blanket /pillow (We will be sleeping in dorm style bunk beds with mattresses)
- Modest and appropriate recreational clothing for fall weather for 2 days No wearing just a spaghetti strap tank tops (it can be underneath clothing), short shorts.
- Jacket / Sweatshirt
- Toiletries, Bathing Towel, Sun Screen Lotion, Bug Spray
- <u>Bible</u>, a <u>Rosary</u>, and Journal if you'd like
- Cameras are O.K. to bring
- Spending Money: For the **<u>camp snack shop</u>** (\$10.00 recommended for the snack shop)

## **<u>Reminder what not to bring:</u>**

- Ipods, MP3 players, Cd players, Electronic video games, Drugs/Alcohol, Cigarettes or tobacco products, weapons, fireworks, Food or Soda – anything not appropriate for a Christian Camp
- **Cell Phone** (Parents, we understand that you like to be able to contact your children while they are away, however, we ask that you contact them through Ruth, John, Bob, Jean or Gabby (our numbers are below). Cell phones become a very BIG distraction during retreats and we don't want them to get lost or damaged. If they need it for an alarm we have many adults that are alarms at the retreat. Someone will get them up. If we do see cell phones we will take them and put them in a secure place for the remainder of the camp, returning them to the student once we return to St. Albert's. Thank you for understanding, if you have any questions please let us know.

**In the event of an emergency**, contact Lake Beauty Bible Camp at (**1-218-426-3389**). This will put you in contact with a member of their staff, and they will get a message to us. You can also contact

<b>Ruth Gladitsch</b>	651-271-9715
John O'Sullivan	612-741-7799.
Jean Wold	612-799-4982
Bob Swift	612-418-1964
Gabby Swift	612-418-9596

For more information, you can Contact: Director of Discipleship and Evangelization– Ruth Gladitsch Phone: 651-271-9715 Email: stalbertmnym@gmail.com